

Descriptive Professional Biography

Jonice Webb, PhD is recognized as the pioneer of Childhood Emotional Neglect (CEN) awareness. A licensed psychologist, Dr. Webb has enriched, and kindled discussion of, this overlooked, under-addressed topic by writing the first self-help book dedicated to CEN recovery, entitled ***Running on Empty: Overcome Your Childhood Emotional Neglect***.

By pointing out the power of what failed to happen, Dr. Webb called attention to the invisible and unmemorable, helping legions view their childhoods differently, and begin down the path of healing.

Dr. Webb continues to inspire thousands of people with her weekly blogs on psychcentral.com, and her work as an Expert Partner on YourTango.com.

Dr. Webb has been interviewed about Childhood Emotional Neglect on NPR and over 30 radio shows across the United States and Canada. She created the first-and-only Childhood Emotional Neglect Recovery Program online.

Dr. Webb's second book, ***Running on Empty No More: Transform Your Relationships With Your Partner, Your Parents & Your Children***, releases 11/7/17. It takes the concept of Childhood Emotional Neglect further, from healing yourself to healing your relationships with the most important people in your life.

Dr. Webb has a private psychotherapy practice in Lexington, MA, where she specializes in the treatment of couples and families. She resides in the Boston area with her husband.

www.blogs.psychcentral.com/childhood-neglect

www.emotionalneglect.com

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