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Tearful
Sorrowful
Pained
Grief
Anguish
Desperate
Low
Pessimistic
Unhappy
Grieved
Mournful
Grave
Dismayed
Bummed
Despondent
Heavy-hearted
Scorned
Grey
Miserable
Blue
Longing
Disappointed
Grim
Gloomy
Grim
Lost
Moody
Burdened
Discouraged
Let down
Depressed
Lousy
Dysphoric
Dreary
Irritated
Contemptuous
Fiery
Spiteful
Perturbed
Abrasive
Stewing
Seething
Livid
Confrontive
Dark
Black
Morose
Dour
Besieged
Morbid
Suicidal
Accursed
Abysmal
Ashamed
Diminished
Self-destructive
Self-abasing
Guilty
Dissatisfied
Loathsome
Worn out
Repugnant
Despicable
Abominable
Terrible
Despairing
Sulky
Bad
Sense of loss
Damaged
Aberrant
Maimed
Detestable
Ruined
Defiled
Scarred
Impure
Spoiled
Ticked off
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Nauseated
Vicious
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Sore
Annoyed
Upset
Hateful
Unpleasant
Infected
Scathed
Beleaguered
Impaired
Disgusting
Crippled
Abhorred
Destroyed
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Contemptible
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Discomfitted
Antsy
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Peculiar
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Vengeful
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Bugged
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Abusive
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Bloodthirsty
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Corralled
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Appalled
Resentful
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Cross
Worked up
Boiling
Fuming
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Mundane
Listless
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**Victimized**
- Bullied
- Quashed
- Mistreated
- Scapegoated
- Eviscerated
- Jinxed
- Hoodwinked
- Suffocated
- Intruded upon
- Erased
- Set up
- Objectified
- Railroaded
- Reamed
- Denounced
- Emasculated
- Controlled
- Denigrated
- Deceived
- Bamboozled
- Abused
- Crushed
- Duped
- Devoured
- Dumped-on
- Cuckolded
- Cursed
- Degraded
- Damned
- Debased
- Cheated
- Cheated on

**Helpless**
- Incapable
- Controlled
- Stifled
- Impotent
- Paralyzed
- Straight-jacketed
- Stuck
- Stonewalled
- Micro-managed

**Open**
- Understanding
- Ready
- Confident
- Reliable
- Kind
- Accepting
- Receptive
- Satisfied
- Sympathetic
- Adventurous
- Fun-loving
- Boundless
- Exultant
- Interested
- Free
- Amazed
- Easy
- Aboard

**Happy**
- Joyous
- Mirthful
- Peachy
- Fortunate
- Giddy
- Exuberant
- Delighted
- Overjoyed
- Gleeful
- Thankful
- Festive
- Ecstatic
- Satisfied
- Glad
- Cheerful
- Sunny
- Merry
- Perky
- Jubilant
- Elated
- Delirious
- Soaring
- Important
- Lucky
- Great

**Indifferent**
- Apathetic
- Lifeless
- Empty
- Blind
- Robotic
- Dead
- Disinterested
- Emotionless
- Lackadaisical
- Banal
- Blasé
- Cavalier
- Cold
- Bored

**Inadequate**
- Mediocre
- Unworthy
- Incompetent
- Spineless
- Insecure
- Meek
- Insufficient
- Weak
- Pathetic
- Worthless
- One-down

**Helpful**
- Absent
- Neutral
- Weary
- Reserved
- Immobile
- Ineffective
- Futile
- Forced
- Despairing
- Distressed
- Pathetic
- Dominated
- Tragic
- Woeful
- Frustrated
- Hesitant
- Empty
- Inferior
- Fatigued
- Alone
- Overwhelmed
Frisky  Animated  Colorful  Glorious

Good  Serene  Relaxed  Deserving  Calm  Decent  Pleasant  At ease  Comfortable  Pleased  Clean  Fabulous  Encouraged  Surprised  Connected  Warm  Certain  Free  Clear  Graceful  In control  Confrontive  Reliable  Able  Accomplished  Assertive  Assured  Solid  Capable  Competent  Courageous  Hardy  Engrossed  Snoopy  Nosy  Concerned  Affected  Intrigued  Fascinated  Inquisitive  Rapt  Absorbed  Curious  Attentive  Aware  Imaginative  Enthusiastic  Excited  Hardy  Tenacious  Resolute  Stable  Authoritative  Perservering  Revitalized  Brave  Unique  Dynamic  Nervy  Influential  Feisty  Rebellious  Outspoken  Sure  Ethical  Connected  Warm  Certain  Free  Clear  Graceful  In control  Confrontive  Reliable  Able  Accomplished  Assertive  Assured  Solid  Capable  Competent  Courageous  Hardy  Engrossed  Snoopy  Nosy  Concerned  Affected  Intrigued  Fascinated  Inquisitive  Rapt  Absorbed  Curious  Attentive  Aware  Imaginative  Enthusiastic  Excited  Hardy  Tenacious  Resolute  Stable  Authoritative  Perservering  Revitalized  Brave  Unique  Dynamic  Nervy  Influential  Feisty  Rebellious  Outspoken  Sure  Ethical